



## **MENTORING MEETING DISCUSSION GUIDE**

The below questions are only suggestions, a tool to provide conversation starters during mentoring meetings. The Mentor and/or Mentee should determine what questions to ask during their mentoring meetings.

| What do you know now that you wish you knew when you were starting out?  |
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| What were some pivotal experiences in your career?   |
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| What has helped to make you successful?  |
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| Who were some of your mentors and what did you learn from them?  |
| What enables your success today?   |
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| What's the best advice you can give to help plan my career?  |
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| How and where do you find inspiration and motivation?  |
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| How do you balance your work and home life?  |
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| How do you encourage innovative ideas?   |
| What should I be doing now to develop professionally and achieve my goals?   |
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**NAVFAC Mentoring Program Website:** 

https://www.navfac.navy.mil/Careers/Career-Compass-Workforce-Development/Career-Compass-Resource-Center/Mentoring/ Version: 1.0 Current as of: 22 SEP 2022